



The Holy Family

Novena for Mental Health: Families



NATIONAL
CATHOLIC
mental
health
CAMPAIGN



Prayer for the Mental Health of Families

Lord Jesus, may our families draw ever closer to you and to one another.

We lift up all families, particularly those with members facing mental health challenges.

May family members help remove the stigma surrounding mental health challenges, both within their families and in their communities.

Comfort, hold, lead to safety, and heal families affected by every form of trauma, mental health challenge, and mental illness.

You know every family's specific situation, wounds and needs, and you can restore and make all things new.

Lord, pour your grace into their hearts, minds, souls, and bodies, filling them with light and peace amid their suffering.

Help all families, unite their suffering to your Passion and Death, mindful of the resurrection to new life to come. Amen. Holy Family, pray for us.



United States
Conference of
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